



VARFORM

100 ml tincture



VARICOSE VEINS FORMULA

Varicose veins are swollen and enlarged veins that are usually blue or dark purple in colour occurring most frequently on the inside of legs or the back of calves. They often look knotted or twisted and are usually raised and swollen above the skin's surface. Varicose veins are caused by what is termed venous insufficiency. The heart is supposed to pump oxygen and nutrient rich blood to the whole body through the arteries. Veins are supposed to take blood back to the heart from the lower limbs. Veins have valves which basically act as one-way flaps and prevent the blood from flowing backwards as it moves up the legs. However when the valves become weak, blood leaks back and collects in the vein. The vein becomes enlarged by the pooled blood and become varicose.

VARFORM is a food supplement that is quite effective in reducing pain, swelling, and appearance of the veins.

PRODUCT INFORMATION

Ingredients:

Horse chestnut (*Aesculus Hippocastanum*), Cayenne (*Capsicum Annum*), Yarrow (*Achillea Millefolium*), Black walnut (*Juglans nigra*), Witch Hazel (*Corylopsis Pauciflora*), Ginger (*Zingiber officinale*)

Directions:

Take 35 drops x 3 times daily in a little water, away from food.

Do not exceed the recommended daily intake.

Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Do not take if pregnant or breast feeding.

** This statement has not been evaluated by the EFSA. This product is not intended to diagnose, treat, cure or prevent any disease.*

ABOUT THE INGREDIENTS

- ✓ **Horse chestnut (*Aesculus Hippocastanum*):** Is an excellent remedy that not only strengthens the blood vessels, but is an effective astringent as well. The shiny brown fruits of this beautiful ornamental shade tree have a long history of use in the treatment of varicose veins. Horse chestnut reduces capillary fragility and swelling through regulation of capillary permeability, and helps strengthen and repair blood vessels that have lost their elasticity. Because it is a blood vessel tonic, it is also used to reduce bruises (which are broken blood vessels) wherever they occur in the body. Commercial extracts of aescin (an active compound found in horse chestnut) have demonstrated antithrombic activity, thereby reducing excessive clotting. The herb is also rich in flavonoids.
- ✓ **Cayenne (*Capsicum Annum*):** Cayenne pepper is rich in Vitamin C and flavonoids that help protect blood vessels from free radicals. It also promotes the formation of collagen in the vein walls to help keep them healthy and elastic. Cayenne's capsaicin content gives it potent anti-inflammatory, analgesic, and blood thinning properties which can help reduce varicose veins.
- ✓ **Yarrow (*Achillea Millefolium*):** Yarrow contains high levels of flavonoids, which soothe the capillaries so the blood passes quicker. It is also healing to the blood vessels and can be used for deeper tissue swelling and bruising, as well as varicose veins, haemorrhoids, and other inflammatory conditions of the vascular tissues.
- ✓ **Black walnut (*Juglans nigra*):** Black walnuts can be beneficial in arteries because they are lower the irritation and help to maintain the normal function of arteries by keeping them unclogged. *Juglans nigra* also improved the blood circulation through the body.
- ✓ **Witch Hazel (*Corylopsis Pauciflora*):** Herbalists tout witch hazel as a potent anti-inflammatory with astringent and haemostatic properties. Not only does it improve vein health, it contains constituents, such as tannins which aid in tightening and repairing distended vessels.
- ✓ **Ginger (*Zingiber officinale*):** Ginger can improve the blood circulation and reduce the risk of the growth of varicose veins.

