



SNFORM

100 ml tincture



SINUSES FORMULA

A sinus is a sac or cavity in any organ or tissue, or an abnormal cavity or passage caused by the destruction of tissue. In common usage, "sinus" usually refers to the paranasal sinuses, which are air cavities in the cranial bones, especially those near the nose and connecting to it.

SNFORM is a food supplement for draining the sinuses and keeping them clear.

*Helps to
maintain a
healthy sinus and
nasal system and
to loosen and
clear mucus.*

PRODUCT INFORMATION

Ingredients:

Cayenne (capsicum minimum), Echinacea (Echinacea angustifolia), Barberry root (berberis vulgaris), Myrrh (commiphora molmol), Stinging nettle (urtica dioica), Thyme (thymus vulgaris)

Directions:

Take 35 drops x 3 times daily in a little water, away from food.

Do not exceed the recommended daily intake.

Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Do not take if pregnant or breast feeding.

** This statement has not been evaluated by the EFSA. This product is not intended to diagnose, treat, cure or prevent any disease.*

ABOUT THE INGREDIENTS

- ✓ **Cayenne (*Capsicum minimum*):** Cayenne certainly “clear the nostrils” quite rapidly and help alleviate the pain and inflammation of sinusitis. In fact, cayenne pepper is considered the ultimate natural pain killer and inflammation reducer.
- ✓ **Echinacea (*Echinacea angustifolia*):** Studies have shown that echinacea is an immune stimulant that can speed recovery from bacterial, fungal and viral infections. One of the primary constituents of echinacea is inulin, which stimulates the production of macrophages and T-cells. Echinacea also suppresses hyaluronidase, an enzyme produced by bacteria to enable it to penetrate the protective mucous membranes of the body making this herb useful in treating sinusitis.
- ✓ **Barberry root (*Berberis vulgaris*):** Berberine is an alkaloid that prevents bacteria from adhering to epithelial tissues. Barberry is a bitter tonic with mild laxative effects, it is used with weak or debilitated people to strengthen and cleanse the system.
- ✓ **Myrrh (*Commiphora molmol*):** Myrrh has an antimicrobial effect. Myrrh will aid and support the natural process of defense, a vital activity, as so often today antibiotic drugs do this work for the body. Myrrh may be used in a wide range of conditions where an anti-microbial agent is needed. It finds specific use in the treatment of infections such as pharyngitis and sinusitis.
- ✓ **Stinging nettle (*Urtica dioica*):** Nettle has natural histamine-blocking properties which are especially beneficial for seasonal allergies. Historically, stinging nettle has been used for sore joints and gout as well as eczema and hay fever. Current research, however, has yet to support this ancient use.
- ✓ **Thyme (*Thymus vulgaris*):** Thyme has traditionally been used to help with inflamed sinuses, help alleviate whooping cough, and help loosen phlegm. Thymol is the active ingredient in thyme, and is responsible for the antiseptic, antibacterial, antifungal properties. The German Commission E has approved thyme for the treatment of bronchitis, whooping cough, and upper respiratory inflammation.

