



PNFORM

100 ml tincture

PANCREAS FORMULA

The pancreas is an organ located in the abdomen. It plays an essential role in converting the food we eat into fuel for the body's cells. The pancreas has two main functions: an exocrine function that helps in digestion and an endocrine function that regulates blood sugar.

PNFORM is a food supplement that includes herbs to help improve digestion, absorption and to help reduce inflammation of the pancreas.

PRODUCT INFORMATION

Ingredients:

Ginseng (panax ginseng), liquorice (glycyrrhiza glabra), cayenne (capsicum minimum), turmeric (curcuma longa), holy basil (ocimum tenuiflorum)

Directions:

Take 35 drops x 3 times daily in a little water, away from food.

Do not exceed the recommended daily intake.

Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Do not take if pregnant or breast feeding.

** This statement has not been evaluated by the EFSA. This product is not intended to diagnose, treat, cure or prevent any disease.*

ABOUT THE INGREDIENTS

- ✓ **Ginseng (*Panax ginseng*):** A clinical study from St. Michael's Hospital and the University of Toronto has found that red ginseng boosts blood vessel vasodilation. Another clinical study, from the Republic of Korea's Yonsei University, found that red ginseng significantly improves glucose control among newly diagnosed type 2 diabetes patients.
- ✓ **Liquorice (*Glycyrrhiza glabra*):** Licorice is considered an excellent remedy for various disorders of the pancreas. The Chinese have used licorice for thousands of years in their traditional medicine. Licorice is laden with anti-inflammatory properties which reduce the pain and swelling which is linked to pancreatitis.
- ✓ **Cayenne (*Capsicum frutescens*):** A 2006 Toronto study published in the journal "Cell" found that mice injected with capsaicin were cured of type 1 diabetes. The researchers who led the study have suggested that type 1 diabetes, a more serious condition that begins in childhood, is a result of the body's immune system attacking itself. In the Toronto study, injected capsaicin killed the pancreatic pain nerves and the body began producing insulin.
- ✓ **Turmeric (*Curcuma longa*):** A study that was published in 2013, in the journal Diabetology & Metabolic Syndrome concluded that curcumin possesses antidiabetic actions and enhanced pancreatic islets regeneration.
- ✓ **Holy basil (*Ocimum tenuiflorum*):** Holy basil can have a blood-thinning effect, and may increase the effect of blood-thinning medications, such as warfarin (Coumadin) and aspirin.

