

# Paraform Plus Two

FIGHTS  
CANDIDA

## Yeast and gastrointestinal support

Paraform Plus Two is an all-in-one **Candida yeast balance digestion, colon health** and **detox** support supplement.

It contains **15 powerful ingredients**, including active herbals, probiotics and other natural cleansing and protective agents, which have **anti-bacterial, anti-fungal, anti-microbial** and **anti-inflammatory** actions.

This supplement helps to support the correct balance of gut micro-flora (bacteria and yeasts), integrity of the gastrointestinal tract and encourages the growth of friendly bacteria (probiotics). Ideal for use in conjunction with a low yeast and low sugar diet.



## BENEFICIAL FOR...

This caprylic acid formula is a best-seller and firm favourite amongst practitioners for their clients suffering from Candida Albicans, recurring thrush, IBS symptoms and most other associated digestive problems.

- Candida Albicans overgrowth
- Bad breath
- Bloating stomach
- Bad body odour
- Coeliac disease
- Crohn's disease and ulcerated colitis
- Flatulence
- Gallstones
- Indigestion
- Irritable Bowel Syndrome
- Leaky Gut Syndrome
- Reflux
- Digestive problems
- Coated tongue
- Acid-base metabolism
- Oxidative stress
- Recurring thrush
- Diarrhoea



**An all-in-one product  
and best-seller**

# ABOUT THE INGREDIENTS

**Caprylic acid:** One of the most useful **anti-fungal** agents, it is a short chain fatty acid that occurs naturally in coconuts and human breast milk and does not adversely affect friendly bacteria in the body. As calcium magnesium caprylate (the form used in SPOREgone), it survives digestive processes and is able to reach the colon.

**Garlic:** A natural antibiotic - bacteria do not become resistant to it. Some actions include: **antibiotic, anti-bacterial, anti-parasitic, anti-spasmodic, antiseptic** and **fungicide**.

**Aloe vera:** A **bactericidal** against staphylococcus aureus, streptococcus viridans and 5 strains of streptococcus mutants. It is also used as an **antibiotic, antiviral, demulcent, coagulant** and **analgesic** for mild pain. It helps to eliminate toxic minerals from the body and neutralises free radicals created by toxic substances. It is perhaps best known for its soothing and protective actions (particularly on the digestive system).

**Cinnamon:** Cinnamon bark has **anti-spasmodic, anti-microbial, carminative, anti-parasitic** and **antiseptic** properties. It helps to counteract flatulence and diarrhoea and is often used for **poor digestion**, vomiting, hyperacidity, to promote secretion of gastric juices, Irritable Bowel Syndrome, colds and flu. It is also useful for suppressing the growth of harmful micro-organisms like Escherichia coli, Staphylococcus aureus and Candida.

**Quercetin:** A powerful **bioflavonoid**, closely related to rutin and hesperidin. It is similar to the prescribed anti-allergy drug, cromolyn sodium, which prevents the release of histamines. It also blocks the release of even stronger inflammatory agents called leukotrienes, which are involved in asthma, psoriasis, gout, ulcerative colitis and reactions to food. These properties make it ideal for people with inflammatory bowel problems and Candida.

**Beetroot:** An **oxygen catalyser**, due to the presence of high levels of **dietary nitrate**, beetroot is also rich in **iron** and **silicic acids**. Cellulose fibre in beetroot promotes digestive regularity and **bowel cleansing**, while its **alkaline** elements make it an excellent **liver**, biliary system and gallbladder cleanser.

**Lactobacillus acidophilus:** A type of **friendly bacteria** (probiotic) found in the mouth, bowel and vagina. It is involved in the production of the enzyme lactase, required to digest lactose (milk sugar), along with other sugars. It also helps to combat invading pathogens and other harmful micro-organisms associated with food poisoning and infections such as Candida, thrush etc.

**Bifidobacterium bifidus:** Another beneficial probiotic **intestinal bacteria**. This strain works in the lower colon.

**Clove:** A **carminative**, warming stimulant, powerful **antiseptic, anti-neuralgic, anti-histaminic** and **mild anti-spasmodic**. Clove is also often used for **digestive problems** like flatulence, diarrhoea, dyspepsia and worms.

**Grapefruit seed:** Grapefruit seed contains high potency **phyto-chemicals** and is known for its broad-spectrum **anti-bacterial** and **anti-parasitic** properties. It supports the **digestive system** and **immune system** against infections and is used to treat **dysbiosis** and help maintain balanced bowel flora.

**Thyme:** It has **anti-microbial, anti-viral, anti-parasitic, anti-spasmodic, anti-fungal, carminative, antioxidant** and **antiseptic** properties. Thyme is also used for infections, wind, irritable bowels, coughs, mouth ulcers and Candida.

**Glucosamine HCL:** An important nutrient involved in repairing the superficial layers of the **gut mucosa** (those in contact with intestinal contents). It is essential for all body tissues and is a raw material for connective tissue.

**Rosemary:** Rosemary is high in **antioxidants** and contains carnosic acid, rosmarinic acid and camphor. Rosmarinic acid has **anti-viral, anti-inflammatory** and **anti-bacterial** actions. Also sweetens the breath.

**Oregano:** This herb contains a number of active constituents, which are responsible for its **anti-microbial** and **anti-fungal** actions (including inhibiting the growth of Candida).

**Zinc citrate:** Zinc contributes to normal DNA synthesis, **normal acid-base metabolism**, normal carbohydrate metabolism, normal cognitive function, normal fertility and reproduction, normal macronutrient metabolism, normal metabolism of fatty acids, normal metabolism of vitamin A, normal protein synthesis, the maintenance of normal bones, the maintenance of normal hair, nails and skin, the maintenance of normal testosterone levels in the blood, the maintenance of normal vision, the **normal function of the immune system**, the **protection of cells from oxidative stress** and it has a role in the process of cell division.

