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Most people in today's world have sluggish detoxification organs and have difficulty in eliminating metals effectively. Therefore the HMD™ LAVAGE formula is a herbal detox mixture that is 100% natural. Its main function is to support the detoxification organs.

## HMD™ LAVAGE will make your detoxification process faster and more effective!

LAVAGE is French for "DRAINAGE" and this product has been specifically developed to help open-up the detoxification channels of the body such as the liver, the kidneys, the lymphatics in order to drain heavy metals out of your body.

Lavage contains herbs that are known to be anti-inflammatory, anti-bacterial, as well as having antioxidant properties. It cleanses your liver and kidneys and helps them to eliminate the toxins. At the same time it contains herbs that are also beneficial for your lymphatic system, lungs, blood, skin and immune system.

Unique herbal formula that support the HMD™ detoxification program!

## HMD™ LAVAGE INGREDIENTS:

HMD™ Lavage has been especially formulated in order to support the HMD™ ULTIMATE DETOX PACK. It is taken as a vegetable glycerine tincture that has a very pleasant taste and texture and is liked by all.

It contains seven organic herbs:

**Dandelion root** (Taraxacum officinale)



**Tumeric root** (Curcuma longa)



Milk Thistle Seed (Silybum marianum)



Hydrangea root (Hydrangea arboresens)



**Burdock root** (Actium lappa)



Uva ursi leaf (Actostaphylos uva ursi)



**Red Clover Tops** (Trifolium pratense)



These herbs are known for their anti-inflammatory, anti-bacterial and antioxidant effect.

HMD™ LAVAGE is designed to work on many levels and simultaneously supports the following organs / functions in your body:

- Lungs
- **Kidneys**
- Blood
- Lymphatic system

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## **HMD™ ULTIMATE DETOX PACK**

Chlorella, by itself, is not an intracellular chelator, so will not pull heavy metals from inside the cells. It will only pick-up heavy metals and other toxins from outside the cell, either from the mesenchyme or the gut and sacrifice itself out of the body.

This is why we recommend the HMD™ ULTIMATE DETOX PACK for chelating, mobilizing and eliminating toxins from the body. It is really an ultimate detox pack in many ways as the HMD™ will chelate metals from inside the cells, while the HMD™ LAVAGE, which is a herbal drainage remedy, will open up the detoxification organs, therefore enabling toxins to be eliminated at the same time. HMD™ CHLORELLA then comes along and "sweeps-up" the debris, "brushing it" out of the body.



Find out about dosages on the DOSAGE GUIDELINES page, as well as follow our ULTIMATE DETOX DIET page. If you would like to read the full research results simply download the articles below:

- 1. Georgiou, G.J. Natural Heavy Metal Chelators: Do They Work? Explore! Vol. 16, No. 6, 2007
- 2. Georgiou, G.J. A Natural Heavy Metal Chelator is Born: It's Use in Paediatric Cases, British Naturopathic Journal, Vol. 24, No. 1, 2007
- 3. The Use of Hair Tissue Mineral Analysis in Clinical Decision-Making Regarding Heavy Metal Chelation (2010)

