



GIFORM

100 ml tincture

INTESTINAL DETOX SUPPORT

GASTRO-INTESTINAL FORMULA

The GI tract is a series of hollow organs joined in a long, twisting tube from the mouth to the anus. The hollow organs that make up the GI tract are the mouth, oesophagus, stomach, small intestine, large intestine, and anus. The liver, pancreas, and gallbladder are the solid organs of the digestive system.

GIFORM is a food supplement that supports the digestive tract in cases of occasional mild gas and bloating.

PRODUCT INFORMATION

Ingredients:

Cinnamon bark (*cinnamomum zeylanicum*), Sage leaf (*salvia officinalis*), Lemon balm (*Melissa officinalis*), Mullein leaf (*verbascum Thapsus tol*)

Directions:

Take 35 drops x 3 times daily in a little water, away from food.

Do not exceed the recommended daily intake.

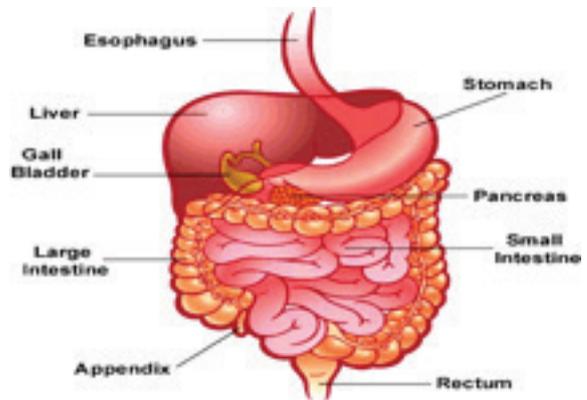
Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Do not take if pregnant or breast feeding.

** This statement has not been evaluated by the EFSA. This product is not intended to diagnose, treat, cure or prevent any disease.*

ABOUT THE INGREDIENTS

- ✓ **Cinnamon bark (*Cinnamomum zeylanicum*):** Cinnamon bark helps to counteract flatulence and is widely used for a weak digestive system, vomiting, hyperacidity, to promote secretion of gastric juices, irritable bowel, summer diarrhoea, flu and colds.
- ✓ **Sage leaf (*Salvia officinalis*):** According to the Journal of Traditional and Complementary medicine, a study demonstrated that the crude extract provides protection against diarrhoea through its inhibitory effect on gut motility by the presence of some gut relaxant components. The data of a study suggest that the crude extract of *S. officinalis* possesses anti-diarrheal and antispasmodic activities, mediated possibly through activation of voltage-sensitive K⁺ channels, together with a weak Ca⁺⁺ antagonist effect. Therefore, this study provides pharmacological basis for the medicinal use of *S. officinalis* in hyperactive gut disorders such as abdominal colic and diarrhoea.



- ✓ **Lemon balm (*Melissa officinalis*):** Lemon balm is a mild sedative which can help to reduce gas and bloating. Some evidence suggests that lemon balm, in combination with other herbs, may help treat indigestion. Others reveal that lemon balm oil has a high degree of antibacterial activity. In one study, lemon balm showed adequate activity against *Listeria monocytogenes* and *Staphylococcus aureus*.
- ✓ **Mullein leaf (*Verbascum Thapsus tol*):** This anti-bacterial leaf has been used for many ailments, including diarrhoea, constipation, haemorrhoids, and bladder infections. It is also sometimes used to get rid of intestinal worms.

