



ALZFORM

150 ml tincture



ALZHEIMER FORMULA

Alzheimer's is a type of dementia that causes problems with memory, thinking and behaviour. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks.

ALZFORM is a food supplement that contains 4 active ingredients which help to increase circulation, enhance long- and short-term memory, and improve concentration.

PRODUCT INFORMATION

Ingredients:

Ginger root herb (*Zingiber officinale*), Garlic (*Allium sativum*), Siberian ginseng (*Panax quinquefolius*), Gingko (*Ginkgo Biloba*)

Directions:

Take 35 drops x 3 times daily in a little water, away from food.

Do not exceed the recommended daily intake.

Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Do not take if pregnant or breast feeding.

** This statement has not been evaluated by the EFSA. This product is not intended to diagnose, treat, cure or prevent any disease.*

ABOUT THE INGREDIENTS

- ✓ **Ginger root (*Zingiber officinale*):** Ginger has been shown to have anti-inflammatory properties similar to ibuprofen and COX-2 inhibitors. In a 2012 study, a specialized ginger extract reduced inflammatory reactions in RA as effectively as steroids did. Earlier studies showed that taking a certain extract four times daily reduced osteoarthritis pain in the knee after three months of treatment, and another taken twice daily worked about as well as ibuprofen taken three times daily for hip and knee OA pain.
- ✓ **Garlic (*Allium Sativum*):** Garlic is rich in an organosulfur compound called allicin, which is part of what gives garlic its power. A study published in The Journal of Nutrition finds that an antioxidant-rich aged garlic extract (AGE) can provide many of the same benefits. According to the study, garlic can reduce the risk of vascular dementia, a non-Alzheimer's type of dementia that happens when neurons die due to insufficient blood flow to the brain. Another study published in Current Medicinal Chemistry found that S-allyl-L-cysteine (SAC), an active compound in AGE, can prevent the neuro-inflammation that leads to the death of synapses. Keeping synapses healthy is essential to preventing memory loss and cognitive decline.
- ✓ **Siberian Ginseng (*Panax Quinquefolius*):** A study published in the American Journal of Chinese Medicine looked at the effects of ginseng supplementation on the aging and longevity of mice. Among other things, the researchers found that ginseng inhibited something called malondialdehyde (MDA) compound produced from oxidative stress and present in older populations with dementia.
- ✓ **Ginkgo (*Ginkgo biloba*):** A recent study on the journal of Ethnopharmacology concludes that ginkgo biloba extract may have potentially beneficial effects for people with dementia. According to the Medical Research Council of Newcastle General Hospital (1999), the ginkgolides in Ginkgo Biloba contain activities pertinent to the disease mechanisms in Alzheimer's such as antioxidant, neuroprotective and cholinergic activities.

